

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### MAIN MEAL

Tuna and Sweetcorn  
Pasta Bake  
Roasted Seasonal  
Vegetables  
Fresh Salad Selection  
Freshly baked bread

Chicken and Vegetable  
Medley  
Pitta Bread and Dips  
Roasted Courgette and  
Peppers  
Fresh Salad Selection

Homemade Beef Lasagne  
served with Herb  
Ciabatta  
Cauliflower and Carrots  
Fresh Salad Selection

Roast Chicken in Pizzaola  
Sauce  
Served with Roast  
Potatoes, Carrots and  
Broccoli  
Fresh Salad Selection  
Freshly Baked Bread

Breaded Fillet of Fish or  
Lemon Baked Fish served  
with new potatoes  
and Shredded Green Beans  
Fresh Salad Selection  
Focaccia

### MEAT FREE

Parmigiana Di  
Melanzane  
Roasted Seasonal  
Vegetables  
Fresh Salad Selection  
Freshly baked bread

Tofu and Vegetable  
Medley  
Pitta Bread and Dips  
Roasted Courgette and  
Peppers  
Fresh Salad Selection

Homemade Vegetarian  
Lasagne Served with  
Herb Ciabatta  
Cauliflower and Carrots  
Fresh Salad Selection

Vegetarian Sausages  
served with Roast  
Potatoes, Carrots and  
Cabbage  
Fresh Salad Selection  
Freshly Baked Bread

Peppers Stuffed with  
Quinoa and Courgette  
served with New Potatoes  
and Shredded Green Beans  
Fresh Salad Selection  
Focaccia

### PASTA & JACKETS

Jacket Potato with  
Choice of Toppings  
Fresh Salad Selection

Pasta Twists with  
Homemade Tomato and  
Vegetable Sauce  
Fresh Salad Selection

Jacket Potato with  
Choice of Toppings  
Fresh Salad Selection

Pasta Twists with  
Cheddar Cheese Sauce  
Fresh Salad Selection

Jacket Potato with  
Choice of Toppings  
Fresh Salad Selection

### DESSERTS

Natural yogurt with  
healthy toppings & fruit  
compote  
Or  
Fresh Fruit Selection  
Glass of milk

Summer Berry Muffin  
or  
Fresh Fruit Pot  
Glass of milk

Cheese and Crackers  
Or  
Fresh Fruit Pot  
Glass of milk

Natural yogurt with  
healthy toppings & fruit  
compote  
Or  
Fresh Fruit Selection  
Glass of milk

Carrot Cake  
Fresh Fruit Pot  
Glass of milk

Making lunchtime the **highlight** of your day

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#### MAIN MEAL

Butternut Squash & Chickpea Korma Served on a bed of Wholemeal Rice with Naan Bread  
Roasted Broccoli  
Fresh Salad Selection

Conchiglie Pasta with Tuna and Black Olives in a Parsley Sauce  
Roasted Vegetables  
Fresh Salad Selection

Chicken Risotto  
Rosemary Focaccia  
Fresh Salad Selection

Toad in the Hole with Chicken Sausage served with Roasted New Potatoes, Carrots, Broccoli and Gravy  
Fresh Salad Selection  
Freshly Baked Bread

Breaded Fillet of Fish or Lemon Baked Fish served with New Potatoes and Vegetable Ratatouille  
Fresh Salad Selection  
Freshly Baked Bread

#### MEAT FREE

Parmigiana Di Melanzane  
Roasted Broccoli  
Naan Bread  
Fresh Salad Selection

Penne with a Vegetable and Lentil Ragù Sauce  
Roasted Vegetables  
Fresh Salad Selection

Butternut Squash Risotto  
Rosemary Focaccia  
Fresh Salad Selection

Toad in the Hole with Vegetarian Sausage served with Roasted New Potatoes, Carrots, Broccoli and Gravy  
Fresh Salad Selection  
Freshly Baked Bread

Cheese and Onion Quiche served with New Potatoes  
Vegetable Ratatouille  
Fresh Salad Selection  
Freshly Baked Bread

#### PASTA & JACKETS

Jacket Potato with a Choice of Toppings  
Fresh Salad Selection

Bruschetta  
Fresh Salad Selection

Jacket Potato with a Choice of Toppings  
Fresh Salad Selection

Leek Carbonara  
Fresh Salad Selection

Jacket Potato with a Choice of Toppings  
Fresh Salad Selection

#### DESSERTS

Natural yogurt with healthy toppings & fruit compote  
Or  
Fresh Fruit Selection  
Glass of milk

Cheese and Crackers  
Or  
Fresh Fruit Pot  
Glass of milk

Apricot Flapjack  
or  
Fresh Fruit Pot  
Glass of milk

Natural yogurt with healthy toppings & fruit compote  
Or  
Fresh Fruit Selection  
Glass of milk

Banana Loaf  
or  
Fresh Fruit Pot  
Glass of milk

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#### MAIN MEAL

Traditional Macaroni Cheese Served with Herb Bread, Seasonal Vegetables  
Fresh Salad Selection

Picnic Lunch Selection of Finger Sandwiches  
Crudités and Dips  
Quiche or Sausage Rolls  
Fresh Salad Selection

Beef Bolognese served with Penne Pasta  
Rosemary Focaccia  
Broccoli and Cauliflower Florets  
Fresh Salad Selection

Roast Turkey served with Roast Potatoes, Carrots and Cabbage, Stuffing and Gravy  
Fresh Salad Selection  
Freshly Baked Bread

Breaded Fillet of Fish or Lemon Baked Fish served with New Potatoes and Shredded Green Beans  
Fresh Salad Selection  
Freshly Baked Bread

#### MEAT FREE

Vegetable and Tofu Noodles  
Served with Herb Bread, Seasonal Vegetables  
Fresh Salad Selection

Picnic Lunch Selection of Finger Sandwiches  
Crudités and Dips  
Quiche or Sausage Rolls  
Fresh Salad Selection

Vegetable Bolognese served with Penne Pasta  
Rosemary Focaccia  
Broccoli and Cauliflower Florets  
Fresh Salad Selection

Spinach and Butternut Squash Wellington  
Potatoes, Carrots and Cabbage and Vegetarian Gravy  
Fresh Salad Selection  
Freshly Baked Bread

Aubergine and Lentil Moussaka  
Shredded Green Beans  
Fresh Salad Selection  
Freshly Baked Bread

#### PASTA & JACKETS

Jacket Potato with Choice of Toppings  
Fresh Salad Selection

Picnic Lunch Selection of Finger Sandwiches  
Crudités and Dips  
Quiche or Sausage Rolls  
Fresh Salad Selection

Jacket Potato with Choice of Toppings  
Fresh Salad Selection

Mediterranean Vegetable and Lentil Pasta  
Fresh Salad Selection

Jacket Potato with Choice of Toppings  
Fresh Salad Selection

#### DESSERTS

Natural yogurt with healthy toppings & fruit compote  
Or  
Fresh Fruit Selection  
Glass of milk

Yoghurt Cake  
Or  
Fresh Fruit Pot  
Glass of milk

Cheese and Crackers  
Or  
Fresh Fruit Pot  
Glass of milk

Natural yogurt with healthy toppings & fruit compote  
Or  
Fresh Fruit Selection  
Glass of milk

Summer Berry Crostata  
Or  
Fresh Fruit Selection  
Glass of milk

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